

## **Kaizen Training**

### **Overview**

Continuous Improvement has been part of business practice for decades. Essentially Continuous Improvement is a 'change for the better'. Sometimes we perform these changes as part of our day-to-day business activities. The Japanese word for Continuous Improvement is Kaizen. Kai Zen means 'Change Better'.

In these times, making 'change for the better' is essential for all businesses. Kaizen is one of the leading Continuous Improvement tools used within Lean Six Sigma. Utilizing a vast array of tools, Kaizen focuses on improving speed and quality of a product or service, regardless of the industrial sector or size of the business. Kaizen is accelerated DMAIC. Kaizen is very effective for problem solving low complex problems.

Kaizen Training offered by Alora Consultants focuses on utilizing the most common Lean Six Sigma tools in the execution of projects. The format of the training will be tutor led. The training is very interactive thus there is a lot of emphasis on group dynamics and ensuring the attendees participate and interact with the trainer and each other. The training is conducted through presentations, simulations, role plays, group exercises, discussions and case studies.

### **Duration**

This is a 3.5 day training program.

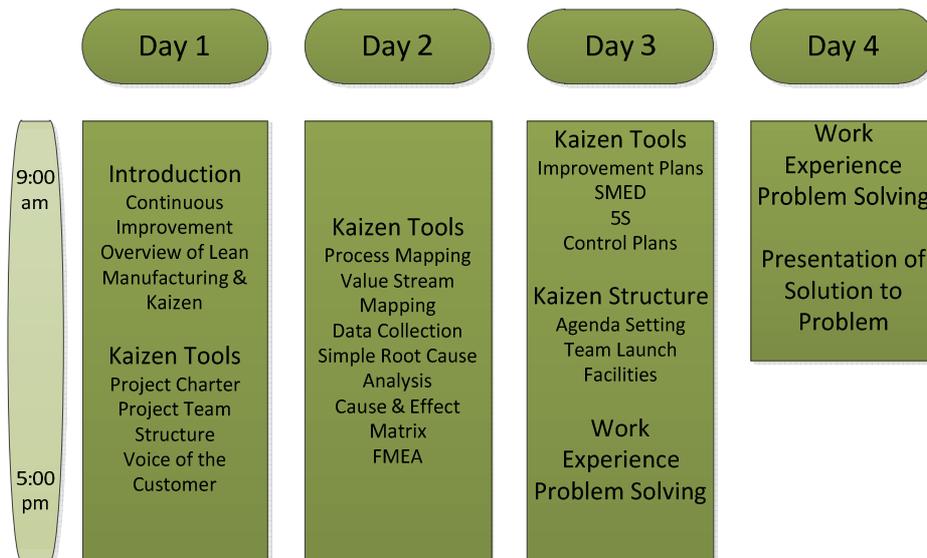
### **Objectives**

By the end of this training programme the attendees will be able to:

1. Understand Lean Six Sigma methodology and DMAIC.
2. Understand when to use Kaizen.
3. Understand how to use the most important tools in Kaizen.
4. Identify sources of waste and variation within the business.
5. Use Lean Six Sigma as an efficient and effective cost reduction strategy.

## Content

The course programme is split into 2 parts. The first part is a 3 day programme which includes the knowledge required to complete a Kaizen.



As part of the course, the attendees will have the opportunity to complete **Work Experience** as a leader of a Kaizen. This will take the form of solving a real life business problem. During the course, the problem will be introduced to the attendees. The attendees will then be split into 2 teams to compete against each other to identify the best solution to the problem. Both teams will identify a solution to the problem using the Kaizen tools. The attendees will visit the area where problem exists. The attendees will then have to present to Management each team's solution to the problem.

## Evaluation

The trainees will be evaluated on 2 different levels.

### Level 1 – Reaction

The reaction of the trainees to the training programme will be evaluated at the end of each day through an informal feedback method and at the end of training programme through a formal feedback form. The results of the feedback will be shared with the Client.

### Level 2 – Learning

The skills, knowledge and attitude of the trainees will be evaluated at the end of the programme by the successful completion of the work experience portion of the course.

## **Certification**

Each attendee will receive a certificate of completion of the training course.

## **Who should attend?**

This course is intended for those employees within a business who are engaged in problem solving, for example Team Leaders, Shop Floor Employees, Process Engineers, Quality Technicians and Engineers, Maintenance, Supervisors, Managers, Staff, Executives and Project Managers.

For further information on Kaizen Training please contact our  
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